

## **DV-alert 1-Day DV-aware session**

Lifeline is committed to raising the awareness of domestic and family violence.

DV-alert 1-Day DV-aware sessions are an interactive session where individuals and groups can talk about the issue of domestic violence and what they can do to help make a difference.

To enrol in a session, please visit

[www.dvalert.org.au](http://www.dvalert.org.au)

Minimum age requirement for participants is 18 years old

### **At the end of the 1-Day DV-aware session**

- Identify the different signs and forms of abuse that constitute domestic and family violence
- Familiarise themselves with the Cycle of violence and Duluth wheels – power and control, equality and empowerment
- Reflect on and share what they can do if they know someone who is experiencing domestic and family violence
- Have an opportunity to network with other individuals
- Receive tools and references for domestic and family violence support and referral

**For enquiries please contact us at [www.dvalert.org.au](http://www.dvalert.org.au)**