

Agenda

Duration: 2 hours

| Session Title | Time |
|---|------------|
| <p>1. Introduction & Framing</p> <ul style="list-style-type: none">• Acknowledgement to Country• Introductions• Framing the session – why are we here, objectives and rules of engagement | 20 minutes |
| <p>2. What is Domestic and Family Violence (DFV)?</p> <ul style="list-style-type: none">• What is domestic and family violence?• What other factors influence DFV? (optional) | 15 minutes |
| <p>3. Check-in</p> <ul style="list-style-type: none">• A chance to answer participant questions | 10 minutes |
| <p>4. Understanding DFV more</p> <ul style="list-style-type: none">• The cycle of violence• Duluth wheels of Power and Control, Equality and Empowerment | 40 minutes |
| <p>5. What can I do?</p> <ul style="list-style-type: none">• If I know someone who is experiencing domestic and family violence, what can I do? | 20 minutes |
| <p>6. Wrap up & close</p> <ul style="list-style-type: none">• Final questions and feed-forward | 15 minutes |